



# Welcome to Our Community

Inspiring Potential for all

Supporting children, young adults and families through play, movement, connection and care.





# Welcome to Therapies for Kids

We're delighted to be part of your therapy journey and look forward to working together to support growth, confidence and independence.

Starting therapy can feel overwhelming and it's normal to have questions. This Welcome Pack is designed to help you feel informed, supported and confident as you begin with us.

We partner with families, carers and support teams to build confidence and practical knowledge, so strategies can be used in everyday routines at home, school and in the community.

Warm regards,

**The Therapies for Kids Team**



# Our Vision & Mission

## Our Vision

We believe in every individual's potential. We recognise it, nurture it, and help unlock it together with families and support teams.

## Our Mission

To deliver evidence-informed, engaging and effective allied health services that build functional skills, participation and wellbeing across everyday environments.

We focus on meaningful outcomes that support inclusion, confidence and connection for children, young adults and the people around them.





# Our Values

## Inspiring Potential for All

Our values guide everything we do, from how we support children, young adults and families to how we work together as a team.

Each value reflects our shared commitment to inclusion, empowerment, integrity and a genuine belief in every individual's potential.



**These values flow through our therapy and community access supports, helping children and young adults build skills that matter in real life.**

# About Therapies for Kids

Therapies for Kids is an allied health service supporting children, young adults, and their families, across Sydney and Regional NSW.

We provide evidence-informed, child-centred therapy in fun, engaging and purpose-built environments, with a strong focus on participation and access to the community.

Our team works closely with families, carers, educators and wider supports to help participants build skills, confidence and independence.





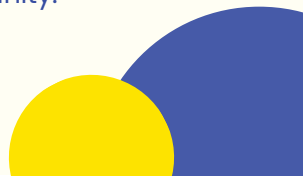
# Our Approach

At Therapies for Kids, we use a transdisciplinary, family centred and goal-focused approach.

## This Means

- ★ Therapy is guided by a collaborative team
- ★ We work closely with families and carers
- ★ Goals are meaningful, functional and participation-focused
- ★ Sessions are play-based, engaging and motivating
- ★ Progress is regularly reviewed and adjusted

We focus on building skills that support children and young adults in everyday life – at home, school and in the community.





# Our Services

We offer a wide range of therapy services including:

- ★ Occupational Therapy
- ★ Speech Pathology
- ★ Physiotherapy
- ★ Exercise Physiology
- ★ Music Therapy
- ★ Allied Health Assistance
- ★ Block Therapy Programs
- ★ Hydro Therapy
- ★ Key Worker Model (ECEI)
- ★ Group Therapy

Our services are tailored to meet each individual's needs and goals. Services may be delivered in-clinic, via telehealth, and in community settings as appropriate.



# What to Expect

Your therapy journey typically includes:



Our team will guide you through each step and ensure you feel supported throughout the process.

# Therapy Roadmap Sessions

Therapy Roadmap Sessions are dedicated planning conversations designed to support the therapy journey across the year.

These sessions help the therapy team to:

- ★ Review progress
- ★ Update goals
- ★ Identify priorities for the term/season ahead
- ★ Review risk assessments and safety supports
- ★ Align therapy with available funding

These sessions support best-practice care and ongoing planning under the NDIS.



# How Therapy Sessions Work

At Therapies for Kids, therapy is delivered in a flexible, family centred way to suit the individual's needs and everyday life.

Therapy sessions may take place:

- ★ In our clinics
- ★ Via telehealth
- ★ At school
- ★ At home
- ★ In community settings

**Each therapy program includes both:**

## Face-to-Face (F2F) Therapy Sessions

Hands-on sessions where the individual works directly with their therapist through play-based, engaging and goal-focused activities.

## Non Face-to-Face (NF2F) Therapy Support

Therapist planning, documentation, goal updates, progress reviews, reports, risk assessments and coordination with other professionals involved in the individual's care.

**This combined approach supports a well-planned, coordinated program with clear goals and measurable progress.**

# NDIS & Early Childhood Support

Therapies for Kids is a registered NDIS provider and an experienced early childhood intervention service supporting children, young adults and families across a wide range of needs.

## We work with families across all NDIS plan types:

- ★ Self-managed
- ★ Plan-managed
- ★ NDIA-managed

We also support children accessing **Early Childhood Early Intervention (ECEI)** services.

Our early childhood services follow a **Key Worker Model**, providing families with a primary therapist who coordinates care, builds strong relationships, and works closely with the wider therapy team to ensure consistent, meaningful and family centred support.

## The Key Worker approach helps families:

- ★ Navigate services more easily
- ★ Build strong therapeutic relationships
- ★ Feel supported and informed
- ★ Receive coordinated, goal-focused care
- ★ Translate therapy strategies into everyday life

## Our team can support with:

- ★ Therapy planning and goal development
- ★ Ongoing progress reviews
- ★ Functional life skills and participation goals
- ★ Funding alignment and service planning
- ★ Reports and documentation for NDIS reviews
- ★ Collaboration with support coordinators, educators and early childhood partners
- ★ Making the NDIS and early childhood system clearer and less overwhelming, so families can focus on progress, participation and wellbeing



# Communication & Collaboration

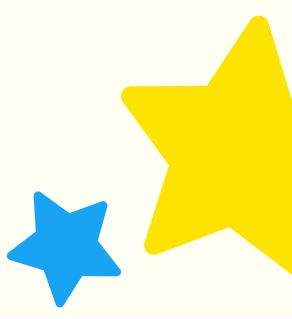
**At Therapies for Kids, we believe strong communication leads to the best outcomes for everyone.**

Therapy is supported through close collaboration between families, therapists and the wider support network. This ensures therapy goals are consistent, meaningful and carried through into everyday life.

We regularly communicate with:

- ★ Families and carers
- ★ Educators and schools
- ★ Support coordinators
- ★ Other health professionals

This team approach helps ensure strategies are understood, practised and carried over across environments.



# Our Clinics

We currently operate across multiple locations including:



Lilyfield



Leichhardt



Riverina

Our clinics are purpose-built for therapy and designed to feel welcoming, safe and fun.



# Our Team

Our team is made up of passionate and highly skilled professionals who are committed to helping children and young adults thrive.

## **Our therapists and assistants include:**

- ★ Occupational Therapists
- ★ Speech Pathologists
- ★ Physiotherapists
- ★ Exercise Physiologists
- ★ Music Therapists
- ★ Allied Health Assistants

All clinicians are qualified, registered where required, and committed to ongoing professional development and clinical supervision.

Mentoring and support is provided by senior clinicians to help maintain safe, high-quality and consistent care.

# Clinical Leadership & Governance



Therapies for Kids is a clinically led organisation built on strong leadership, deep paediatric expertise and a commitment to best-practice care.

Our service is led by Executive Director Deb Evans, a highly respected paediatric clinician with over 45 years of experience supporting children, families and communities.

We follow a transdisciplinary model, which means therapists work closely together as one coordinated team, sharing knowledge and planning therapy collaboratively to support the whole person, not just one area of development.

Our senior clinical leadership team provides:

- ★ Clinical supervision and mentoring
- ★ Evidence-based practice oversight
- ★ Quality assurance and risk management
- ★ Professional guidance across disciplines

This leadership structure ensures safe, ethical and high quality care across all services.



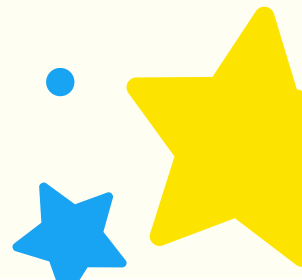
# Working Together

Families and support teams are a vital part of every client's therapy journey.

We encourage families to:

- ★ Attend planning sessions
- ★ Share goals and priorities
- ★ Ask questions
- ★ Provide feedback
- ★ Celebrate progress

Together, we build strong foundations for your child's future.





# Your Rights & Responsibilities

**As an NDIS participant or therapy client, you have the right to:**

- ★ Be treated with dignity and respect
- ★ Be involved in decisions about your support
- ★ Exercise choice and control
- ★ Receive safe, high-quality services
- ★ Provide feedback and make complaints

**You also have a responsibility to:**

- ★ Participate in planning
- ★ Communicate openly with your therapy team
- ★ Follow safety guidelines
- ★ Attend scheduled sessions or provide notice if unable to attend



## Privacy and Confidentiality

We respect your privacy and protect your personal information. Your information is used only for the purpose of delivering safe, effective therapy services and is stored securely in accordance with privacy legislation. You have the right to access your information and provide or withdraw consent at any time.

## Complaints and Feedback

We welcome feedback and take concerns seriously. If you have a concern, please contact our admin team or speak directly with your therapist. We will work with you to resolve issues quickly and respectfully. You may also contact the NDIS Quality and Safeguards Commission if required. Alternatively, you can email any feedback or concerns to **[feedback@therapiesforkids.com.au](mailto:feedback@therapiesforkids.com.au)**.

## Safety and Risk Management

Client safety is our priority.

- ★ Conduct risk assessments
- ★ Follow clinical safety guidelines
- ★ Maintain professional standards
- ★ Provide safe therapy environments
- ★ Support clients in community settings

In the unlikely event of an incident, all incidents will be recorded and documented appropriately. A copy of the report can be provided to parents or caregivers upon request.

# Thank You

Thank you for choosing Therapies for Kids.

We're honoured to be part of your child's journey and look forward to working together to **inspire potential for all.**



# Therapies For Kids

Inspiring Potential for all



02 9519 0966



[enquiries@therapiesforkids.com.au](mailto:enquiries@therapiesforkids.com.au)



[www.therapiesforkids.com.au](http://www.therapiesforkids.com.au)

