GIVE THE HOLIDAYS A PURPOSE

School holidays are a great time to try something new, with no homework, no rush and no pressure.

Small groups, real attention
Every group is capped between 2 and 6 participants, so everyone is known, not just supervised.

Led by qualified paediatric therapists
Speech Pathologists, Occupational Therapists and Physiotherapists run every session, with Allied Health Assistant support alongside them.

It feels like play, not therapy
Obstacle courses, dance, bike riding, craft and games. It's designed to be fun. The skills come along for the ride.

Friendships, not just outcomes
Turn taking, teamwork and shared wins with peers who get it.

Therapies for Kids

SCAN TO BOOK THEIR SPOT

Website
therapiesforkids.com.au

Email
enquiries@therapiesforkids.com.au

Location
155 Balmain Rd, Leichhardt | Level 1 370 Norton St, Lilyfield

Therapies for Kids

SCHOOL HOLIDAY THERAPY GROUPS

Small groups, qualified paediatric therapists and a whole lot of fun. Give children, teens and young adults the chance to build confidence, communication and independence these school holidays.

LITTLE LEARNERS CLUB

Ages 4 to 6 Play-based school readiness led by a Speech Pathologist and an Occupational Therapist. Story time, craft, early literacy, turn taking and fine motor work, all building the confidence to walk into a classroom.

NINJA ACADEMY

Ages 8 to 12 A physiotherapy-led obstacle program building strength, balance, coordination and motor planning. Timed circuits, partner challenges and team problem solving, with every station pitched to each participant's level.

KOMMUNITEENS

Ages 13+ A speech pathology-led social group for teenagers. Guided group activities and supported community outings that build conversation skills, planning and independence in real world settings, alongside peers who get it.

DANCE GROUP

Open to all ages
Physiotherapy-facilitated dance and movement. Warm ups, guided routines, rhythm games and freestyle, building coordination, balance and emotional regulation through music, while giving everyone room to be creative.

KEEN RIDERS

Open to all ages
An outdoor, play-based riding group for anyone learning to ride a bike or balance bike. Obstacle courses, stop and go games and follow the leader build balance, steering, braking and confidence.

HOW TO BOOK

Places are limited and groups fill fast.

Get in touch.
Speak to our reception team at either clinic, scan the QR code, visit therapiesforkids.com.au or email enquiries@therapiesforkids.com.au

We'll send you the details.
You'll receive the full information document for the group you're interested in.

Confirm your spot.
Sign the program of support and their spot is confirmed.

Therapies for Kids

THE GROUPS AT A GLANCE

Five groups, all at Leichhardt

- LITTLE LEARNERS CLUB – AGES 4-6
- NINJA ACADEMY – AGES 8-12
- KOMMUNITEENS – AGES 13+
- DANCE GROUP - OPEN TO ALL AGES
- KEEN RIDERS - OPEN TO ALL AGES

Places are limited. Groups take between 2 and 6 participants.